



## **PARENTING CHILDREN & YOUNG PEOPLE THROUGH & BEYOND CORONAVIRUS/COVID-19!**

### ***THROUGH LOCKDOWN/RESTRICTIONS & BEYOND ('NEW-NORMALS')***

Coronavirus/Covid-19 has changed life as we know it, for all of us. How we as parents react to this change, especially in these challenging times, will have an impact upon how our Children & Young-People react. In order to better understand what has happened and continuing to happen, it is perhaps helpful for US to understand the process of Change & Loss. We then need to look at how OUR Children & Young-People react to Change & Loss.

Then we will be better equipped to support our Children & Young-People through this current crisis and beyond ('new-normal') - the effects of which may linger for some time to come. Join me for an upcoming **3-Session Online Parenting Programme** around how to better support our Children & Young-People through the current changes we are all experiencing.

To register interest in this Seminar and/or other Parenting Support or Development, please get in touch via the Contact-Form available at: **[online.HopeParenting.co.uk](https://www.online.HopeParenting.co.uk)**

***Helen***

**HELEN RYDER**

[www.HopeParenting.co.uk](https://www.HopeParenting.co.uk)

[online.HopeParenting.co.uk](https://www.online.HopeParenting.co.uk)